Day 7

"There is reason for giving infinite praise and thanks to God at the sight of a king who is so well and piously inclined towards the things of God, and to such an extent that if I were not a witness of it all, as I am, I would not be able to believe what I have seen in him."

Letter to Ignatius Loyola SJ from Lisbon in Portugal 18th March 1541

Reflection

- Do I look for the goodness in other people?
- Do I take the trouble to give credit where credit is due?
- Do I notice and copy the good example that others set for me?

Prayer

God our Father,
praise to you!
I am surrounded by so many good people,
if only I take the time to notice:
people who speak your word
of compassion and kindness;
people who act
to give reality to your justice and reconciliation;
people whose lives are good seed
growing in rich soil.
Give me, too, the grace to live in your Spirit,
and to be your presence for those I meet
as I go about the business of my day.
Amen.